

# GLUTEN FREE

## STARTERS

Wild Mushroom Toast with homemade worcestershire & mashed potatoes	8
Barbecue Shrimp over mashed potatoes	11
Artisan Cheese Plate with homemade jam (also great for dessert)	8
Roasted Clams with capers, piquillo peppers, olives and lemon butter & mashed potatoes	10
Mixed Greens tomatoes, olives & champagne vinaigrette	8
Spinach Salad honey mustard vinaigrette, pistachios & goat cheese	8
Caesar with crumbled reggiano	8
Tri Colored Beet Salad topped with goat cheese, pistachios, and extra virgin olive oil	7
<i>Small Mixed Greens, Spinach or Caesar Salad</i>	6

## MAIN COURSES

Mama G's Steak Salad avocado, tomato, chopped egg, blue cheese	16
Major's Cheeseburger <u>no bun</u> , with roasted vegetables or gluten-free crispy fries	11
Grilled Chicken over mixed greens with lemon butter & spicy pecans	16
Hormone Free Center Cut Grilled Filet green peppercorns & gluten free crispy fries	30
Barbecued Baby Back Ribs slow-cooked with red beans and rice & roasted vegetables	23
Roasted Duck Breast mushroom cream sauce, mashed potatoes & seasonal vegetables	25
Vegetarian Shepherds Pie mushrooms, carrots, & peas in red wine sauce and mashed potatoes	16
Aged Bone in Ribeye with dungeness crab, mashed potatoes & roasted vegetables	30
Shrimp, Andouille & Crawfish Jambalaya	20
Redfish (Grilled or Blackened) zydeco sauce, dungeness crab, sauté spinach & mashed potatoes	26
Free Range Roasted Chicken (limited availability) with roasted vegetables and wild rice	16
Creole Smoked Tofu served over wild rice, mushrooms and saute spinach	16
Pan Roasted Steelhead lemon-caper sauce, seasonal vegetables and mashed potatoes	24
Wild Mushroom Pork Tenderloin with seasonal vegetables & mashed potatoes	25
Sesame Encrusted Ahi Tuna seared rare, rice, grilled shrimp , cucumber salad & wasabi vinaigrette	26

## SIDES 5

Crispy Fries	Grit Cakes		
Roasted Vegetables	Truffle Au Gratin Potatoes	Red Beans and Rice	Roasted Cauliflower

## DESSERTS 7

Flourless Chocolate Cake	Crème Brulee	Dulce De Leche Sundae	Chocolate Pot de Creme
--------------------------	--------------	-----------------------	------------------------

## EXTRAS

ZYDECO Kitchen & Cocktails Homemade Barbecue Shrimp Base	16
ZYDECO kitchen & cocktails Spice Rubs <i>B.L.C., Pork or Wild Game</i>	5
Lady's Homemade Dog Biscuits - an after dinner treat for your best friend!	FREE

***WE ARE A FROM-SCRATCH KITCHEN FOCUSED ON FRESHNESS & QUALITY  
INGREDIENTS. WHEN POSSIBLE OUR FOODS ARE ORGANIC &  
HORMONE-FREE. WE ARE FOOD ALLERGY SENSITIVE AND  
FEATURE A GLUTEN FREE MENU.***

*3% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE, WE ACCEPT CASH, VISA, AMEX& MASTERCAR.*